

## WHO ARE WE?

Our new initiative supports the three core aspects of sustainability: social, environmental and economic.

Our sustainability-centred approaches include offering educational workshops, running plant sales to remain economically sustainable, and taking environmentally thoughtful actions in every single move that we make. These actions include using, reusing, and recycling items like soil, pots, and labels. These waste reduction steps help protect our environment.



This project is supported by Western Sustainable Impact Funds

## **PLANT SALE**

Buying yourself a plant contributes to ensuring the continuation of the project. Find us in the UCC three times a month.

Clubs and groups can place plant sale orders in advance for fundraisers, conferences, or other events.

We can come to you! We can sell plants at different venues by request. Contact info@fogsuwo.ca for information.



The Tropical Greenhouse is available for the Western Community to visit Tuesday to Thursday from 1 to 4 pm. Contact <u>Biology.Greenhouse@uwo.ca</u> with any questions.



bmoraalv@uwo.ca

Blanca X. Mora Alvarez. Department of Biology, Western University. 1151 Richmond St. N. BGS room: 2070



### The Project's Mission

Engaging our Western community to increase sustainability and engage in learning experiences with plants.

You could support wildlife by gaining experience collecting seeds and propagating native plants. Please join our effort to increase sustainability and community by sharing the joy of plants!



## **GET INVOLVED!**

Getting involved by volunteering gives the opportunity to develop new skills or practice teaching about plant species, care, and native biodiversity.

Growing plants brings us to life with nature and provides comfort - especially through the blues of winter. It is a joy to be surrounded by greenness.

Groups and clubs are invited to learn by experience and develop skills by partnering with us. If your club is interested, reach out to us to discuss potential options.

We are interested in giving opportunities to plant lovers and inviting community leaders to join us!



# **EDUCATIONAL**WORKSHOPS

Taking care of houseplants can be a challenge, but can be easy with correct information. Some consumers waste house plants because they lack the knowledge to keep them alive. Learning how to take care of indoor plants can sustain them with good maintenance and reduce waste production.

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You can support wildlife by buying or propagating native plant species.
Learn how to collect seeds and to grow native plants from seeds collected early in the fall.

#### September: prepare houseplants

- Taking care of indoor plants
- Propagating and potting plants

## October: prepare native plants in the greenhouse or in your home

- Cleaning native plant seeds
- Preparation of seeds for the dormant period

## November: support growing food products and contribute to food security

Growing veggies and herbs in the greenhouse



## CRAFT WORKSHOPS

Creating art and crafts is an excellent way to disconnect from the everyday and relax. Using plants, paints, and mixed media, we will create decorative jars, bookmarks, cards, and more. It is all about enjoying the process, having fun, and making something beautiful by hand.

Monica Chirigel leads free monthly workshops for groups of up to 10 people. Please contact us in advance and book a spot.



To book your workshop, please contact: bmoraalv@uwo.ca